



Leaders of the Kingdom

TimGregory@leadersofthekingdom.com

Welcome!

I hope you're as excited as I am about your decision to partner with me as your coach! Coaching is a great way to bring out all the God given potential in your life! As we partake on this journey together, under the blessing and guidance of our Lord, I am confident He will show you new and wonderful things you had not previously known or perhaps even considered! The Prophet Jeremiah wrote, *"For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future."* Together we will discover the fullness of God's plan for your life; a life of great significance and excellence!

Our coaching relationship will be a partnership of three; you, me, and our Lord. The Lord will direct and guide us both. I will lead you by posing questions to help stimulate new thoughts and ideas of new possibilities, and the Holy Spirit will give you new revelation, as He speaks to your heart, revealing to you the plans He has for your life!

Our first meeting will last two hours, twice as long as a normal one, so that we may get to know one another in a more personal way, to help create a relationship of mutual trust. You will find included in this packet some different forms to fill out, so that we may make the most out of our time together. Please fill them out and email them to me a week before our first scheduled meeting. My email and phone number are included in the packet, so feel free to contact me, by either means, whenever you have a question or concern.

Blessings,

Tim Gregory

Board Certified Master Christian Life Coach
Board of Christian Life Coaching

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Coaching Contract

- Coaching is not therapy, counseling, advice-giving, mental health care, or treatment for substance abuse. The coach is not functioning as a licensed mental health professional, and coaching is not intended as a replacement for counseling, psychiatric interventions, treatment for mental illness, recovery from past abuse, professional medical advice, financial assistance, legal counsel, or other professional services.
- Coaching is for people who are basically well adjusted, emotionally healthy, functioning effectively, and wanting to make changes in their lives.
- Coaching is designed to address issues the person being coached would like to consider. These could include (but are not limited to) career development, relationship enhancement, spiritual growth, lifestyle management, life balance, decision-making, and achieving short-term or long-term goals.
- Coaching can be an ongoing relationship that may take a number of months, although either party can terminate the relationship at any time.
- Coaching can involve brainstorming, values clarification, the completion of written assignments, education, goal-setting, identifying plans of action, accountability, making requests, agreements to change behavior, examining lifestyles, and questioning.
- Coaching is most effective when both parties are honest and straightforward in their communication.
- Both parties will be diligent and prompt for sessions in order to make the most of their time together. If either party must cancel or re-schedule, it will be done at least twenty-four (24) hours in advance. Missed sessions and failing to cancel with the required notice, excepting emergencies, will result in being billed for the session.

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- Payment for services will be discussed prior to coaching and both parties will agree to a fee, form of payment, and initial length of commitment.
- Coaching is a confidential relationship and the coach agrees to keep all information strictly confidential, except in those situations where such confidentiality would violate the law, where permission has been granted, and with respect to tracking names, hours coached, and contact information where necessary for coaching certification.
- Christian coaching assumes that both parties are open to the leading and guidance of the Holy Spirit.
- Coaching will be revealing, exciting, and rewarding for both parties.

Each of the people whose signatures appear below agrees that this agreement represents our mutual understanding of the coaching relationship.

Signature (person being coached) Date

Signature (coach) Date

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What You Should Expect Out Of The Coaching Process

1. Everyone has a God given purpose in life, and through the coaching process you can expect to discover yours.
2. We will identify both long and short term goals through the coaching process.
3. We will identify obstacles and barriers to obtaining your goals, and to living in the fullness of your God given purpose through the coaching process.
4. Not only will we identify these obstacles and barriers through the coaching process, but we will also identify solutions to overcoming the obstacles and barriers.
5. Through the coaching process you will learn to believe in the person God has made you to be, and embrace the life of significance and excellence He has called you to.
6. Through the coaching process we will celebrate your efforts and victories together.
7. Through the coaching process you will learn to trust and lean on the Holy Spirit.

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What You Should Expect From Me

1. I will always be in prayer for you and your family.
2. I will trust in your ability to hear from our Lord.
3. I will back up all we do by scriptural references.
4. I will be as excited and committed to your purpose and goals as you are
5. I will take the time to challenge you to define what a winning life means to you.
6. I will hold you accountable to make sure you live up to your potential.
7. I will provide support and structure to help you accomplish more.
8. I will keep you better focused to produce results more quickly.
9. I will always be honest and direct.
10. I will maintain confidentiality.

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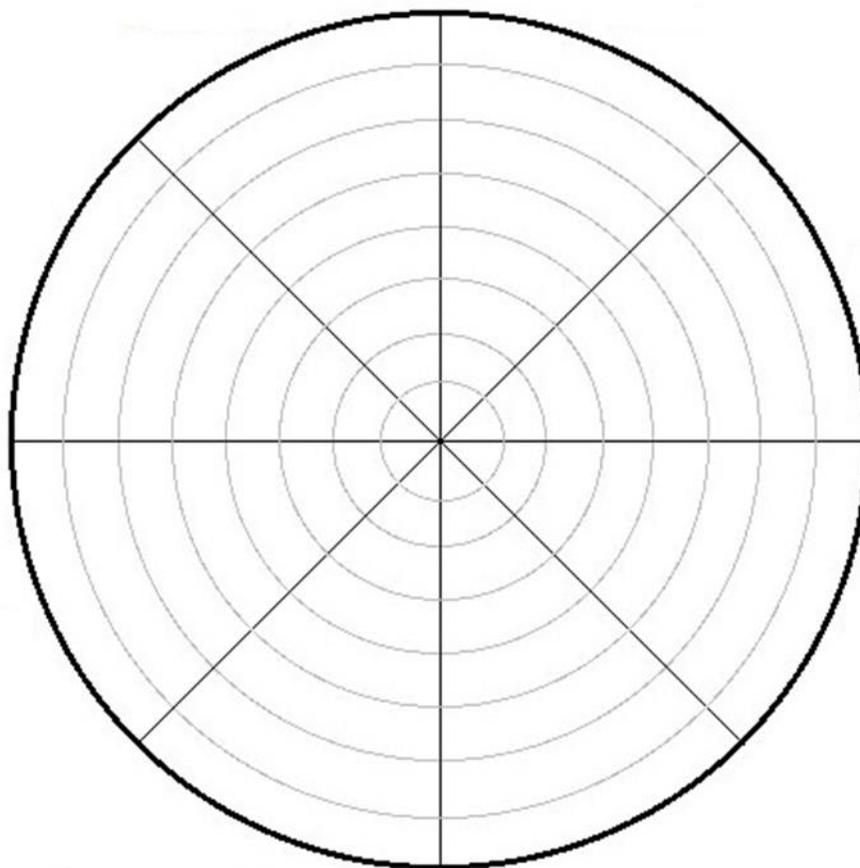
As Your Coach I Expect

1. You will be praying for the Holy Spirit to lead me as your coach.
2. You will be open to the leading of the Holy Spirit in all our coaching sessions.
3. You will diligently seek the Lord and His purpose for your life.
4. You will not lean on your own understanding, but on the Lord.
5. You will follow through with actions you have committed yourself to.
6. You will be fully prepared and focused at each session.
7. You will be honest with yourself, with me, and with The Lord.
8. You will let me know what works for you and what does not.
9. You will stretch yourself to deepen the work done in sessions by writing and taking action steps between sessions.

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Wheel Of Life Assessment



Directions: The wheel of life contains eight sections that together, represent one way of describing a whole life. With this activity you will label the eight sections with areas of life that are important to you. Taking the center of the wheel as 0 and the outer edge as an ideal 8, rank your level of satisfaction with each life area by shading in the number of sections that correspond to your current level of satisfaction in that area.

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